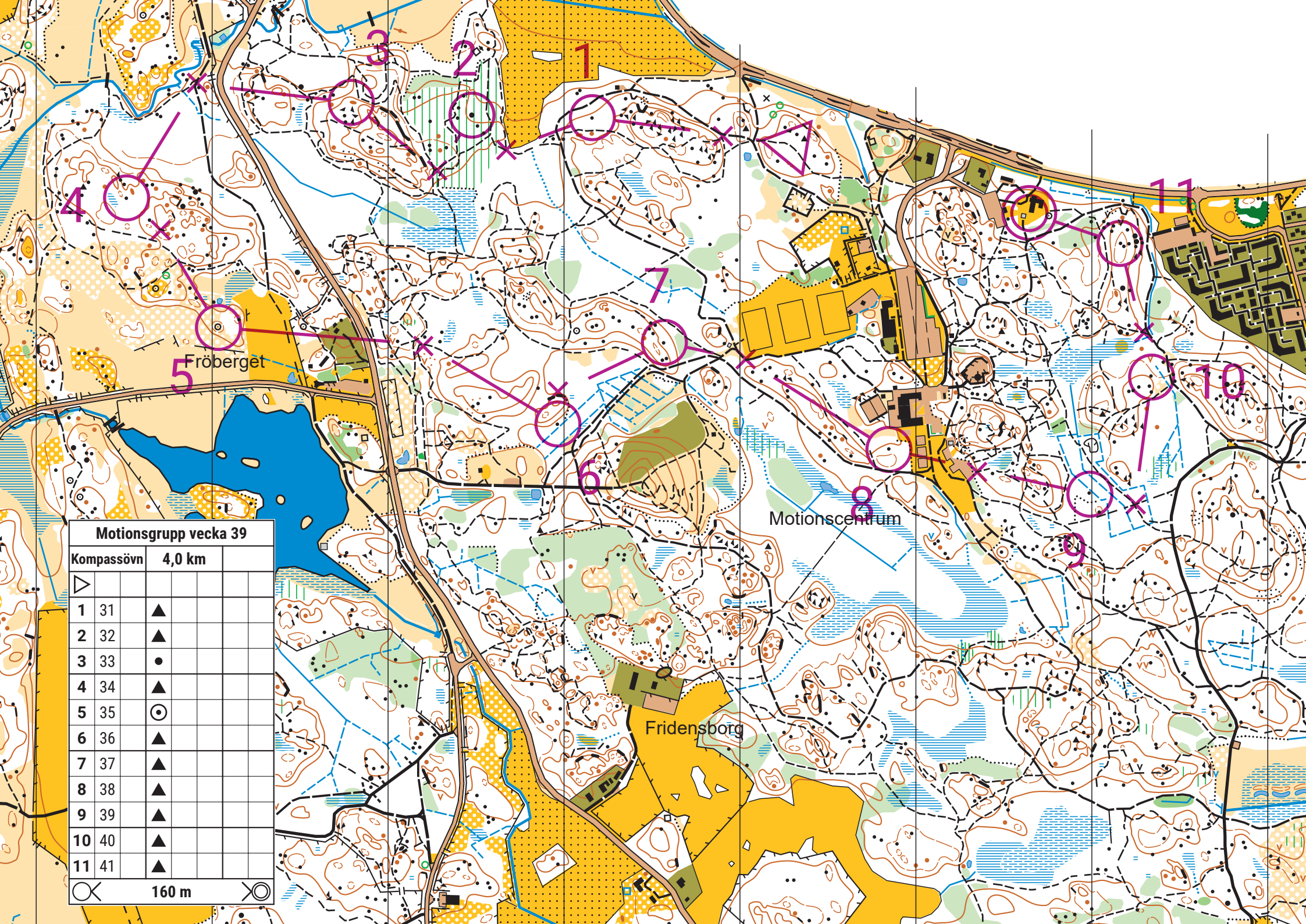




Motionsgrupp vecka 39					
Kompassövn		4,0 km			
1	31	▲			
2	32	▲			
3	33	●			
4	34	▲			
5	35	⊙			
6	36	▲			
7	37	▲			
8	38	▲			
9	39	▲			
10	40	▲			
11	41	▲			
		160 m			